



# St Cuthbert's Autumn Menu 2024

All meals are served with water  
& a choice of fresh fruit and vegetables every day



## Week 1 (wk beginning: 2/9; 23/9; 14/10, 11/11, 2/12)

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken pasta bake <i>or</i> pizza wrap Mixed Vegetables Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Turkey, roast potatoes, Yorkshire pudding, sweetcorn & gravy Chocolate cake & custard/ Yoghurt Fresh Fruit & Vegetables	Beef stew & rice Crispy bread & carrots Chocolate or vanilla ice-cream/ Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes Yorkshire pudding & peas Cheesecake / Yoghurt Fresh Fruit & Vegetables	Homemade chicken nuggets <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables

## Week 2 (wk beginning: 9/9; 30/9; 21/10, 18/11, 9/12) *Christmas lunch Wednesday 11 December 2024*

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta <i>or</i> Tuna pasta <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Brownie & milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes, York. Pudding, Sweetcorn & gravy Sticky toffee pudding & custard / Yoghurt Fresh Fruit & Vegetables	Chicken curry, rice & carrots Naan bread Jelly / Yoghurt Fresh Fruit & Vegetables	Roast sausages, roast potatoes, Yorkshire pudding, gravy & broccoli Eves pudding & Custard / Yoghurt Fresh Fruit & Vegetables	Salmon bites <i>or</i> Fish portion, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables

## Week 3 (wk beginning: 16/9; 7/10, 4/11, 25/11, 16/12)

Monday	Tuesday	Wednesday	Thursday	Friday
Fish cake <i>or</i> Fish Fingers, waffles & Mixed Vegetables Rock buns and milk / Yoghurt Fresh Fruit & Vegetables	Roast beef, roast potatoes Yorkshire pudding & peas Cookie & milk / Yoghurt Fresh Fruit & Vegetables	Chicken casserole or chicken fajitas, garlic bread rice & Carrots Carrot cake/ Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes, Yorkshire pudding, broccoli & gravy Biscuit & juice/ Yoghurt Fresh Fruit & Vegetables	Pizza or fish fingers, chips & beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables



**ALL Reception, Y1 & Y2 pupils are entitled to a free meal plus anyone in Y3 & Y4 eligible for free school meals.**

For all other pupils school lunches cost **£2:50 per day** – children may change between a packed lunch or a school dinner but please make sure your child knows as they have to place order each morning!

**SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS**



PUDDINGS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		√ wheat												
Yoghurt							√							
Cheesecake		√ wheat					√							
Cupcake		√ wheat		√										
Brownie		√ wheat		√									√	
Rock buns		√ wheat		√										
Chocolate cake		√ wheat		√										
Sticky toffee pudding		√ wheat		√			√							
Ice cream							√						√	
Carrot cake		√ wheat		√										
Eves pudding		√ wheat		√			√							
Pudding of the day		√ wheat		√									√	

**PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS**

Review date: 02/09/24

Review by: K Smilgiene (catering manager) & C McGregor (Head teacher)



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

Next review date: 20/12/24