St Cuthbert’s Summer Menu 2025 

All meals are served with water& a choice of fresh fruit and vegetables every day

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| **Week 1** (wk beginning: **28/4, 19/5, 16/6, 7/7**) |
| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday** |
| Tomato & basil pasta **or** macaroni cheese, garlic bread & mixed vegetables, cupcake & milk, yoghurt / fresh fruit & vegetables | Roast chicken, roast potatoes, york. pudding, gravy, sweetcorn, chocolate / vanilla ice cream, yoghurt/ fresh fruit & vegetables | Chicken curry & rice, naan bread, carrots, fruit crumble & ice cream, yoghurt/ fresh fruit & vegetables | Roast Sausages, roast potatoes, Yorkshire pudding, gravy & peas, choc. cake & choc. custard, yoghurt / fresh fruit & vegetables | Homemade chicken nuggets **or** fish fingers, chips & baked beans pudding of the day /fruit juice, yoghurt / fresh fruit & vegetables |
| **Week 2** (wk beginning: **5/5, 2/6, 23/6, 14/7**) |
| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday** |
| Fish cake **or** fish fingers, waffles & mixed vegetables, brownie & milk / yoghurt / fresh fruit & vegetables | Roast turkey, roast potatoes, york. pudding, sweetcorn & gravy, cheesecake, yoghurt/ fresh fruit & vegetables | Meatballs in tomato sauce,pasta **or** rice, crispy bread, orange **or** strawberry jelly / yoghurt/ fresh fruit & vegetables | Roast sausages, roast potatoes, york. pudding, broccoli & gravy, biscuit & milk, yoghurt / fresh fruit & vegetables | Pizza **or** fish fingers, chips & baked beans pudding of the day, yoghurt / fresh fruit & vegetables |
| **Week 3** (wk beginning: **12/5, 9/6, 30/6**)  |
| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday** |
| Tuna / cheese melt with waffles **or** jacket potato with choice of fillings, mixed vegetables, biscuit & milk, yoghurt / fresh fruit & Vegetables | Roast chicken, roast potatoes, york. pudding, sweetcorn & gravy, choc. / vanilla ice cream, yoghurt / fresh fruit & vegetables | Chicken casserole **or** chicken fajitas, rice, garlic bread & carrots, cookie & milk, yoghurt / fresh fruit & vegetables | Roast sausages, roast potatoes, york. pudding, peas & gravy, cake & custard / Yoghurt Fresh Fruit & Vegetables | Salmon bites **or** fish portion, chips & baked beans, pudding of the day, yoghurt / fresh fruit & vegetables |

ALL Reception, Y1 & Y2 pupils are entitled to a free meal plus anyone in Y3 & Y4 eligible for free school meals. For all other pupils school lunches cost £2:50 per day – children may change between a packed lunch or a school dinner.

**PLEASE ENSURE YOU PRE-ORDER YOUR CHILD’S LUNCH ON ARBOR**

SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS

**DISHES AND THEIR ALLERGEN CONTENT**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

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| **MAIN****DISHES** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery | Cerealscontaininggluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesameseeds | Soya | Sulphur dioxide |
| **Chicken** **curry** |  |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| **Yorkshire** **pudding** |  | √ wheat  |  | √  |  |  | √ |  |  |  |  |  |  |  |
| **Pasta**  |  | √ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| **Crispy /** **Garlic /** **Naan bread** |  | √ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| **Sausages**  |  | √ wheat  |  |  |  |  |  |  |  |  |  |  | √  | √ |
| **Pizza bread/melt** |  | √ wheat  |  |  |  |  | √ |  |  |  |  |  |  |  |
| **Fish fingers** **& portion** |  | √ wheat  |  |  | √ |  |  |  |  |  |  |  |  |  |
| **Tomato &** **basil pasta** |  | √ wheat  |  | √  |  |  |  |  | √ |  |  |  |  |  |
| **Meatballs in tomato sauce** |  | √ wheat |  | √  |  |  |  |  |  |  |  |  |  |  |
| **Macaroni** **cheese** |  | √ wheat  |  |  |  |  | √ |  |  |  |  |  |  |  |
| **Chicken** **casserole** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Salmon** **bites** |  | √ wheat  |  |  | √  |  |  |  | √ |  |  |  |  |  |

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| **PUDDINGS** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Celery  | Cerealscontaining gluten\*\* | Crustaceans  | Eggs  | Fish  | Lupin  | Milk  | Molluscs  | Mustard  | Nuts\*  | Peanuts  | Sesameseeds | Soya  | Sulphur dioxide |
| **Biscuit**  |  | √ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| **Yoghurt**  |  |  |  |  |  |  | √ |  |  |  |  |  |  |  |

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| **Cheesecake**  |  | √ wheat  |  |  |  |  | √ |  |  |  |  |  |  |  |
| **Cupcake**  |  | √ wheat  |  | √ |  |  |  |  |  |  |  |  |  |  |
| **Brownie**  |  | √ wheat  |  | √  |  |  |  |  |  |  |  |  | √ |  |
| **Toffee whirl**  |  | √ wheat  |  |  |  |  | √ |  |  |  |  |  |  |  |
| **Chocolate cake**  |  | √ wheat  |  | √ |  |  |  |  |  |  |  |  |  |  |
| **Sticky toffee** **pudding** |  | √ wheat  |  | √  |  |  | √ |  |  |  |  |  |  |  |
| **Ice cream**  |  |  |  |  |  |  | √  |  |  |  |  |  | √ |  |
| **Sponge cake**  |  | √ wheat  |  | √ |  |  |  |  |  |  |  |  |  |  |
| **Pudding of the day** |  | √ wheat  |  | √  |  |  |  |  |  |  |  |  | √ |  |
| **Cookie** |  | √ wheat |  |  |  |  | √  |  |  |  |  |  |  |  |

**PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS**

Review date: *11/4/25* Review by: *K Smilgiene (catering manager) & C McGregor (Head teacher)* You can find this template, including more information 

at www.food.gov.uk/allergy

Next review date: *01/09/2025*