

Year 2

Physical Education

Age Related Expectations

Gymnastics

Travel by moving forwards, backwards and sideways and link two or more movements into sequences.

Dance

Link two or more actions to perform a sequence, using a degree of control and coordination.

Athletics

Use running and jumping skills in combination with each other.

Ball Games

Use hitting, rolling, catching and kicking skills with a degree of control and/or accuracy.

Swimming

Swim competently, confidently and proficiently building to over a distance of at least 25 metres.

Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].

Perform safe self-rescue in different water-based situations.