## St Cuthbert's Summer Term Menu 2024

All meals are served with water
\& a choice of fresh fruit and vegetables every day


Week 1 (wk beginning: 15/4, 7/5, 3/6, 24/6, 15/7)

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Tomato \& Basil Pasta or Tuna pasta or Macaroni Cheese, Garlic Bread \& Mixed Vegetables Biscuit \& Milk / Yoghurt Fresh Fruit \& Vegetables | Roast Chicken orsausage meatballs, roast potatoes, Yorkshire pudding, sweetcorn \& gravy Chocolate cake \& custard/ Yoghurt <br> Fresh Fruit \& Vegetables | Mince pie, mashed potatoes/pasta or cottage pie, crispy bread \& peas Jelly/Yoghurt Fresh Fruit \& Vegetables | Roast Sausages, roast potatoes Yorkshire pudding \& carrots Ice cream / Yoghurt Fresh Fruit \& Vegetables | Pizza orFish Fingers, <br> Chips \& Baked Beans <br> Pudding of the day / <br> Yoghurt / fruit juice <br> Fresh Fruit \& Vegetables |
| Week 2 (wk beginning: 22/4, 13/5, 10/6, 1/7 ) |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Cheese / tuna melt or jacket potato (various fillings), waffles \& Mixed Vegetables Cookie \& milk Fresh Fruit \& Vegetables | Roast Turkey, roast potatoes, Yorkshire pudding, sweetcorn \& gravy <br> Cake \& custard / Yoghurt Fresh Fruit \& Vegetables | Chicken Casserole or chicken fajitas, garlic bread or wrap, carrots \& rice <br> Cheesecake / Yoghurt <br> Fresh Fruit \& Vegetables | Roast sausages, roast potatoes, Yorkshire pudding, gravy \& broccoli Flapjack / Yoghurt Fresh Fruit \& Vegetables | Fish portion orsalmon bites, baked beans \& chips Pudding of the day \& fruit juice / Yoghurt Fresh Fruit \& Vegetables |
| Weelk 3 (wk beginning: 29/4, 20/5, 17/6, 8/7) |  |  |  |  |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Fish cake or fish fingers, waffles \& Mixed Vegetables Brownie \& milk / Yoghurt Fresh Fruit \& Vegetables | Roast Chicken orsausage meatballs, roast potatoes, Yorkshire pudding, sweetcorn \& gravy Ice cream / Yoghurt Fresh Fruit \& Vegetables | Chicken curry, naan bread rice \& Carrots <br> Toffee whirls \& custard / <br> Yoghurt <br> Fresh Fruit \& Vegetables | Roast Sausages, roast potatoes, Yorkshire pudding, peas \& gravy Biscuit \& milk / Yoghurt Fresh Fruit \& Vegetables | Homemade chicken nuggets or Fish fingers, <br> Chips \& Baked Beans <br> Pudding of the day / <br> Yoghurt / fruit juice <br> Fresh Fruit \& Vegetables |

ALL Reception, $\mathrm{Y} 1 \& \mathrm{Y} 2$ pupils are entitled to a free meal plus anyone in $\mathrm{Y} 3 \& \mathrm{Y} 4$ eligible for free school meals.
For all other pupils school lunches cost £2:20 per day - children may change between a packed lunch or a school dinner but please make sure your child knows as they have to place their own order each morning!

## DISHES AND THEIR ALLERGEN CONTENT

| $\begin{aligned} & \text { MAIN } \\ & \text { DISHES } \end{aligned}$ | 4 <br> 絡 |  |  | mon |  |  |  |  |  |  |  |  | $0_{0}^{88}$ | $8^{\text {cose }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{array}{r} \hline \text { Sesame } \\ \text { seeds } \end{array}$ | Soya | Sulphur dioxide |
| Chicken curry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato fillings |  |  |  |  | V |  | V |  | V |  |  |  |  |  |
| Yorkshire pudding |  | $\checkmark$ wheat |  | V |  |  | V |  |  |  |  |  |  |  |
| Pasta |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Crispy/ <br> Garlic / <br> Naan bread |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Sausages |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  | V | V |
| Pizza bread |  | $\checkmark$ wheat |  |  |  |  | V |  |  |  |  |  |  |  |
| Fish fingers \& portion |  | $\checkmark$ wheat |  |  | V |  |  |  |  |  |  |  |  |  |
| Tomato \& basil pasta |  | $\checkmark$ wheat |  | V |  |  |  |  | V |  |  |  |  |  |
| Macaroni cheese |  | $\checkmark$ wheat |  |  |  |  | V |  |  |  |  |  |  |  |
| Chicken casserole |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Salmon bites |  | $\checkmark$ wheat |  |  | V |  |  |  | V |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna melt |  | $\checkmark$ wheat |  | V | V |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Cheese melt |  | $\checkmark$ wheat |  | $\checkmark$ |  |  | V |  | V |  |  |  |  |  |
| Mince pie |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Mashed potato |  |  |  |  |  |  | V |  |  |  |  |  |  |  |


| PUDDINGS | N |  | 为 | sm |  |  |  |  |  |  |  |  | $0_{0}^{88}$ | $5^{\text {c/ }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | $\begin{array}{r} \text { Sesame } \\ \text { seeds } \end{array}$ | Soya | Sulphur dioxide |
| Biscuit |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Yoghurt |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Cheesecake |  | $\checkmark$ wheat |  |  |  |  | V |  |  |  |  |  |  |  |
| Cupcake |  | $\checkmark$ wheat |  | V |  |  |  |  |  |  |  |  |  |  |
| Brownie |  | $\checkmark$ wheat |  | V |  |  |  |  |  |  |  |  | V |  |
| Flapjack |  | $\checkmark$ wheat |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate cake |  | $\checkmark$ wheat |  | V |  |  |  |  |  |  |  |  |  |  |
| Sticky toffee pudding |  | $\checkmark$ wheat |  | V |  |  | V |  |  |  |  |  |  |  |
| Ice cream |  |  |  |  |  |  | V |  |  |  |  |  | V |  |
| Toffee whirl |  | $\checkmark$ wheat |  | V |  |  |  |  |  |  |  |  |  |  |
| Pudding of the day |  | $\checkmark$ wheat |  | V |  |  |  |  |  |  |  |  | V |  |

## PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS

You can find this template,

