

PE at St Cuthbert's Catholic First School

Intent

It is our intention when teaching the PE curriculum, we develop the enjoyment of physical activity and strive to improve the importance of health and wellbeing. Our intention is to give all children the opportunities to develop their skills, knowledge and understanding and apply these in competitive situations, with the vision this provides them with lifelong learning skills. We ensure that all our pupils receive an inclusive, well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve at St Cuthbert's and beyond. It is our intention to engage pupils in the possibilities of sport; to develop a passion for being active and healthy; to have the confidence to try new things, build resilience and show determination in all they do. At our school the Sports Premium funding is used to provide high quality specialist delivery of the PE curriculum to all pupils and provide high quality PD for teachers. This is achieved through Newcastle Primary Stars coaches.



Implementation

At St Cuthbert's a wide range of sports and activities are offered to all pupils. In Early Years a trained coach delivers basic movement skills, ball skills, balance skills as well as our PE values. In KS1 we build upon the movement skills learnt in Early Years to ensure children become increasingly competent and confident with these skills. Over the course of the year we cover a range of sporting activities and multi abilities. Sporting activities we offer children throughout the year are; Gymnastics, Football, Rugby, Tennis, Cricket, Multi Skills, Dance, Athletics and Badminton. Multi Abilities are taught through these activities such as; social skills, personal skills, cognitive skills, creative skills, Health and Fitness knowledge and physical skills.



We strive to ensure all pupils are able to engage in competitive and co-operative physical activities. Through the Berwick partnership KS1 and KS2 experience a range of increasingly challenging situations including competition and school games.

At St Cuthbert's we offer a range of after school clubs to ensure children are active and they are given opportunities to learn new skills or to develop further. We use pupil voice to ensure we are providing children with after school clubs that they will enjoy.



Impact

We strive to ensure that our pupil's attainment is in line or exceeds their potential when we consider the varied starting points of all our children. Through our progressive skill based curriculum we are measuring the children's ability, striving for them to meet their age-related expectations for their year group. We intend the impact of our PE curriculum will ensure children will leave St Cuthbert's prepared for the next step in their physical education and life beyond primary school.

Facilities

- Engaging playground with new markings

- Adventure trail
- Mile run, clubs, sports leader, play leader
- Football pitch, Netball/Basketball hoop