



St Cuthbert's Spring Menu 2025

All meals are served with water
& a choice of fresh fruit and vegetables every day



Week 1 (wk beginning: 6/1, 27/1, 17/2, 17/3, 7/4)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta <i>or</i> Tuna pasta <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, roast potatoes, Yorkshire pudding, sweetcorn & gravy Cupcake / Yoghurt Fresh Fruit & Vegetables	Chicken Casserole <i>or</i> chicken fajitas, garlic bread or wrap, carrots & rice Cheesecake/ Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes Yorkshire pudding, gravy & peas Chocolate or vanilla ice-cream / Yoghurt Fresh Fruit & Vegetables	Pizza <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables

Week 2 (wk beginning: 13/1, 3/2, 3/3, 24/3)

Monday	Tuesday	Wednesday	Thursday	Friday
Fish cake <i>or</i> Fish Fingers, waffles & Mixed Vegetables Cake & custard / Yoghurt Fresh Fruit & Vegetables	Roast Turkey, roast potatoes, Yorkshire pudding, sweetcorn & gravy Fruit crumble & ice-cream / Yoghurt Fresh Fruit & Vegetables	Mince pie, carrots & mashed potato, garlic bread Orange or strawberry Jelly / Yoghurt Fresh Fruit & Vegetables	Roast sausages, roast potatoes, Yorkshire pudding, gravy & broccoli Toffee whirl & Custard / Yoghurt Fresh Fruit & Vegetables	Pizza <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt / fruit juice Fresh Fruit & Vegetables

Week 3 (wk beginning: 20/1, 10/2, 10/3, 31/3)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta <i>or</i> Tuna pasta <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Biscuit & juice/ Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes, York. Pudding, Sweetcorn & gravy Brownie & milk / Yoghurt Fresh Fruit & Vegetables	Chicken curry, naan bread rice & Carrots Cheesecake / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, roast potatoes, Yorkshire pudding, peas & gravy Sticky toffee pudding & custard / Yoghurt Fresh Fruit & Vegetables	Salmon bites <i>or</i> Fish portion, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables








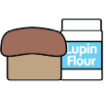








ALL Reception, Y1 & Y2 pupils are entitled to a free meal plus anyone in Y3 & Y4 eligible for free school meals.






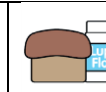

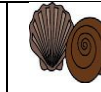






For all other pupils school lunches cost £2:50 per day – children may change between a packed lunch or a school dinner but please make sure your child knows as they have to place order each morning!

SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

MAIN DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken curry							√							
Yorkshire pudding		√ wheat		√			√							
Pasta		√ wheat												
Crispy / Garlic / Naan bread		√ wheat												
Sausages		√ wheat											√	√
Pizza bread		√ wheat					√							
Fish fingers & portion		√ wheat			√									
Tomato & basil pasta		√ wheat		√					√					
Macaroni cheese		√ wheat					√							
Chicken casserole		√ wheat												
Salmon bites		√ wheat			√				√					
Baked beans														√

PUDDINGS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		√ wheat												
Yoghurt							√							

Cheesecake	√ wheat					√							
Cupcake	√ wheat		√										
Brownie	√ wheat		√									√	
Toffee whirl	√ wheat					√							
Chocolate cake	√ wheat		√										
Sticky toffee pudding	√ wheat		√			√							
Ice cream						√						√	
Sponge cake	√ wheat		√										
Pudding of the day	√ wheat		√									√	

PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS

Review date: 16/12/24

Review by: K Smilgiene (catering manager) & C McGregor (Head teacher)



You can find this template, including more information at www.food.gov.uk/allergy

Next review date: 10/04/25